



School Newsletter

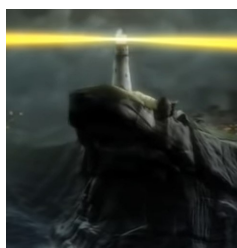
FRIDAY 29TH SEPTEMBER 2023

Headteacher:
Mr N Lamorte

0121 464 4255 | wychall.drbignitemat.org | enquiry@wychall.drbignitemat.org

MESSAGE FROM MR LAMORTE - HEADTEACHER

What a busy few weeks in school it has been. The children have been working incredibly hard and the work being produced is wonderful. The progress being made already is something they should be very proud of. I have been particularly impressed with the Art work being produced in school, which you can see on the last few pages of this newsletter. I have also been impressed with some of the wonderful writing that I've had the privilege to read from Year 5 children, who have been writing a diary entry inspired by the short animated movie the Light House Keeper. The use of



descriptive language, presentation and their expression when reading aloud, blew me away! Huge congratulations to them and I can't wait to see how their skills progress. Please see some examples of their work at the back of this newsletter and we'll be sharing their readings through the Zappar app soon!

Another thing that has impressed me in recent weeks, is the number of children who have been presented with a Kind Heart award. I gave out five certificates this morning to children in Y1, Y3

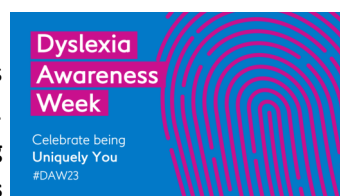
and Y5 for a range of things including, being helpful to teachers, being a good friend to everyone and helping to settle disagreements. This is fantastic and each one of them should be very proud.

As I've previously said, whilst there are still areas to develop, the school is looking fantastic at the moment, so we had a photographer in to take some photos of our children in different parts of school. These will be used on the website and on marketing products. The children looked great and only children with consent participated. Keep an eye out for them in the coming weeks.

As you may be aware, next week is national Dyslexia Awareness week.

Dyslexia is a **common learning difficulty that mainly causes**

problems with reading, writing and spelling. It's a specific learning difficulty, which means it causes problems with certain abilities used for learning, such as reading and writing. We have had children with Dyslexia so we felt it important to raise the awareness of this. Wishing you all a relaxing and safe weekend.



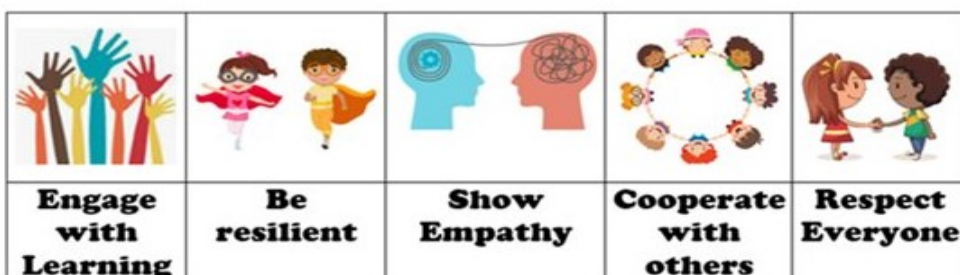
A MESSAGE ABOUT PARKING.

I'm just informing you that we have had another complaint from a local resident, on Middle Field Road, about the illegal and inconsiderate parking at pick up and collection time. Please ensure you park legally and safely at all times to protect our children and be respectful to local residents. Where parking is illegal, we've advised resident to contact the police. Please follow the following tips.

- Do not park on the pavement.
- Do not park on the zig-zag lines.
- Do not park across the drives of residents.
- Do not park on the drives of residents.
- Please park a little further away and walk, it's good for you.



Take a look at the new **Wychall Behaviour Expectations**, which are being shared regularly with the children. This month we are focussing on 'Engage with Learning' and have had an assembly on it. Next month we'll be talking to the children about 'Resilience.' We'll share more info soon.



Key Dates

OFSTED Research Day (NOT AN INSPECTION) - Monday 2nd October 2023 Please see the letter dated 27.09.23

Flu Vaccinations—Thursday 12th October 2023 (Forms must be returned if you wish for your child to have the vaccine)

Wychall Open Days

Wednesday 8th November 2023—9:30am

Wednesday 15th November 2023—9:30am and 6:00pm

Wednesday 22nd November 2023—9:30am and 6:00pm

Individual and Sibling Photos—Thursday 23rd November 2023



The Attendance Raffle is back!



Would you like to be in with the chance of winning a mystery prize at the end of term?

For your chance to win then you must make sure you have **97% attendance or more**. If you are unsure of your attendance, then please come and see Miss Porter.

Make sure you are in school, on time, everyday!



The draw will take place on Thursday
21st December 2023



Winter Wellbeing

As the colder months approach, it is just as important to look after our children's wellbeing. Wellbeing has a profound effect on children's development. When our children's wellbeing is right, it supports their ability to learn and grow. Whether it is setting the right environment, encouraging healthy eating or getting children active, it all has an impact!

Top Tips:

- **Connect:** Spend time with family and friends. Enjoy doing things together and talking to each other.
- **Be active:** Engage in physical activity daily. It can boost your mood and energy.
- **Take notice:** Recognise your emotions and how they affect you. Take a break to see how you feel.
- **Keep learning:** Try something new. Learn new skills or information. It can increase your curiosity and confidence.
- **Give:** Do something nice for someone else. It can make you feel good and help others.

Please see the links below for useful tips and information:

[How to boost wellbeing for kids • Pebble \(bookpebble.co.uk\)](#)

[Promoting mental health and wellbeing | NSPCC Learning](#)

Internet Safety:

For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet, and for them there is not a difference; online and offline life is just life.

Technology is moving at an incredibly fast pace and it can be difficult to know how to start talking to our children about what they are doing online, who they might be speaking to or discussing the potential issues and risks.

Top Tip:

Talking regularly with your child is the greatest tool to help them keep safe online. Talking regularly and making it part of daily conversation, like you would about their day at school, will help your child feel relaxed. It also means if they do have any worries, they are more likely to speak to you.

See link below for useful tips and information:

[Keeping children safe online | NSPCC](#)



Household Support Fund Round 4

Round 4 of the Household support Fund went live July 31st 2023 and will run until March 2024.

For those of you that did not apply in the summer, following the link that was sent via text message during the holiday, school can now make an application on your behalf.

If you would like school to process your application, please send an email with your contact details to enquiry@wychall.drbignitemat.org or pop into the school office and leave your contact details.

Appointments will take place over the telephone on a Wednesday and Thursday between 1:45pm — 2:45pm.

Calls will take 5-10 minutes. Please have bank details to hand with an estimate of income and any benefits.

There are Five categories of support that can be applied for

Food

Gas/Electric/water

Essentials linked to gas/electric

Wider Essentials

Housing Costs

Eligibility

Households must be in receipt of the following benefits.

Council Tax support

Housing Benefit

Income based JSA

Income related ESA

Income support

Tax Credits (working and child)

universal Credit

Pension Credit

Free School Meals

Social Funds (cold weather payment, Sure start ,Maternity Grant ,funeral Payment)

Healthy Start Vouchers



**** Year 6 Secondary applications are now OPEN ****

Applications are now OPEN for secondary school applications for entry in September 2024. The closing date is 31 October 2023 at 11:59pm. It is really important that you apply on time. If you apply late you are less likely to get offered a place at any of your preferred schools.

Here at Wychall, we would strongly encourage pupils to visit their secondary schools with parents/carers prior to making the online application.

Please visit your intended school(s)

Website(s) to find out as and when they are holding their open days/evenings.

If these are due to take place during school time, please let Miss Porter know so she can authorise absence accordingly.

Applications for secondary school are to be made ONLINE ONLY at the following link:

https://www.birmingham.gov.uk/info/20119/school_admissions/1778/apply_for_a_secondary_school_year_7_place/3

If you need any help or support to apply online, please speak to Miss Stanley or any of the Year 6 staff.

If you are the parent/carer of a SEND pupil and would like further support or information on transition and applications to new settings, please make an appointment to see Mrs Barrow ahead of the application deadline.

NOW

LOOK

at our

Fabulous

WORK

Tuesday 26th September 2023

HOT WRITE

LO: To write a diary entry.

Dear Diary,

1st May 1985

Dear Diary,

Today was a strange day.

First, I brushed my teeth, had breakfast then I checked on the light bulb and cleaned it. Then I was reading a book but the villagers started cheering, they could be more quiet, I slammed the window, I couldn't see. Maybe, just maybe I could go and join them, I rushed to the old, grimy building. But they said I wasn't invited. I was parious I stormed to the light house. Wait, how's the window opened, I shut the window with a lamp in my hand and locked it.

out of nowhere, I started to hear things, hmmm. Wait! that's the light bulb plaid making that sound. I ran up the creaky, old stairs. I tried looking for something. There's no time I grabbed the red tool box. There it was... The main power box it was low on energy. In panic, I picked up the light bulb but at the same time I was scared of getting scraped. Ahh! Slowly I fell over the tool box. The bulb is broken. Oh no there is a ship coming. I am done for.

Three great big Knocks on my old door. It sounded like. Thud! Thud! Thud! Who could that be? It's not the right time. In the blink of an eye, I ran down the old, creaky stairs. I opened my red door. There it was... Wow! Thousands of villagers were at my door holding lamps. They ran into my house and ran my stairs and got to my balcony. They held their lamps out. I was so euphoric! I was sagradillo! And the ship got to where it needed to go, thanks to the villagers.

Today was a good day I can't wait to see what tomorrow will bring me.



Excellent effort! G

Roarsome Work

grateful grateful grateful grateful

Wow! I am so impressed! You read it with beautiful expression too!

Mr

Hashir (5FK)



Check out the super writing from Year 5.

Tuesday 26th September 2023

LO: To write a diary entry

HOT WRITE

LO: To write a diary entry.

Dear diary, Today was the most chaotic day ever! Even though this was the most heart-warming I ever felt. First in the morning I cleaned my room then I had a nice, warm shower with bath bombs to make me up. Carefully, I ran up the wobbly, creaked stairs to have me some breakfast. While I was eating, I heard villagers having a New Year's party. The one I was n't invited too! Since I was so annoyed by the loud banging noises and I was getting distracted while writing in my journal. I slammed the window shut.

Then all of a sudden, the power goes out my first instinct was to find out what was going on. So as quick as a flash, I quickly and frantically ran up the hard, wooden stairs but in the process I terribly hurt my knee. Even though it hurt I knew I must stay strong for the same. When I was up the stairs, it was so dim that I had to grab a lamp near by. While I was trying to sort out the light I unfortunately tripped over the old, rusty tool box (which hurt so much). But then, when I tried to pick up the light

it unexpectedly broke into large, glass pieces. In a panic, I checked the window to see the ship coming to sharp, large rocks. Oh, no I was doomed!

Just then, a loud knock was at the front, rusty door. I wondered who it could be was it the town councillor here to fire me or was it someone here to tell me everyone on the ship died because of me. With horrible thoughts in my mind, I opened the door. To my shock, I saw thousands of villagers here with bearing, shining lamps to save me and the ship. At this moment, I realised I shouldn't judge a book by its cover. I felt so surprised and jubilant people care about me!

I wonder what will happen tomorrow!

See ya later dear diary ♥!



Excellent effort! G

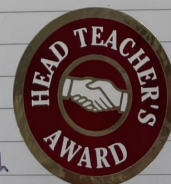
Toadally terrific!

Fantastic effort Lara!

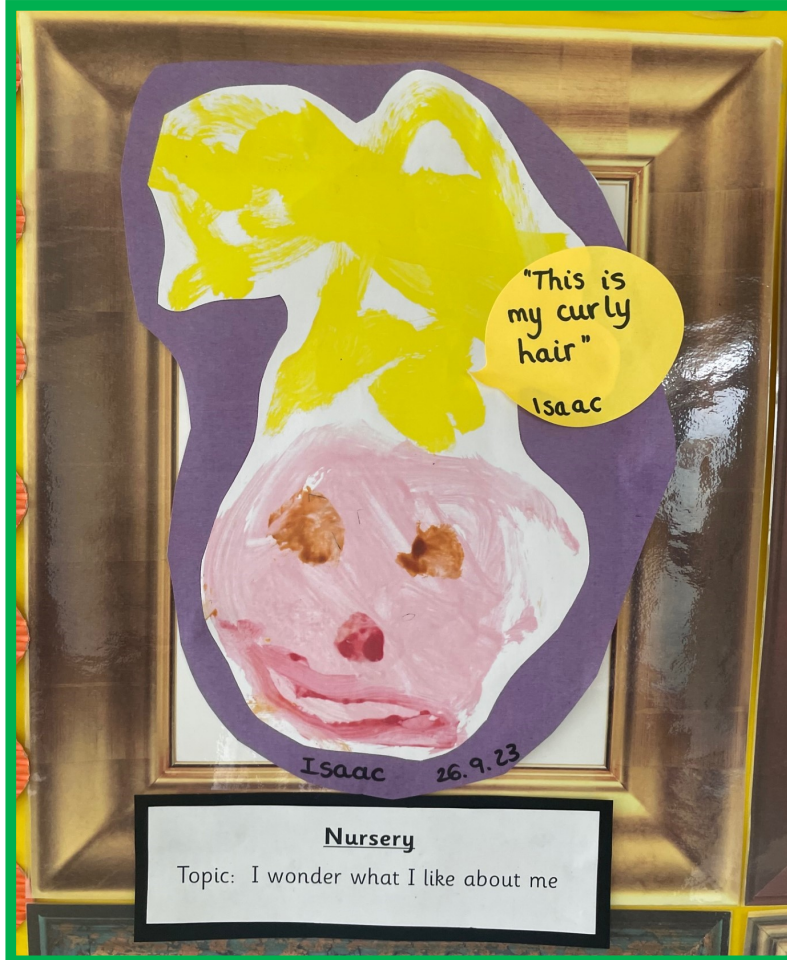
You have included ALL the features from your toolbox and some other Year 5 features!



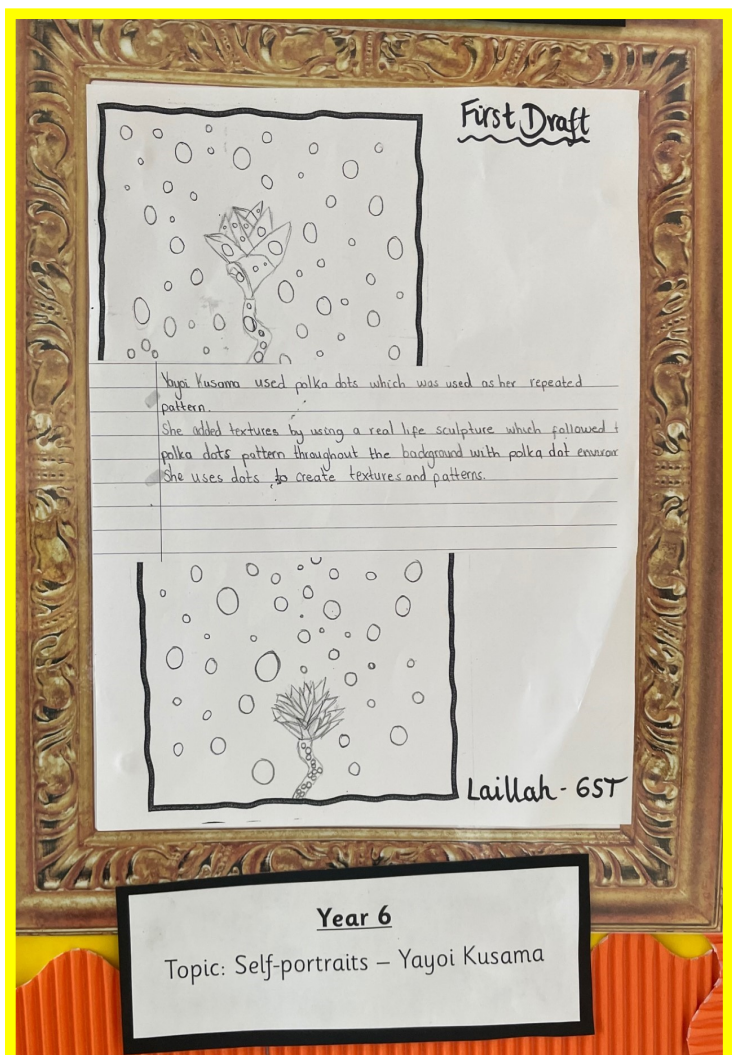
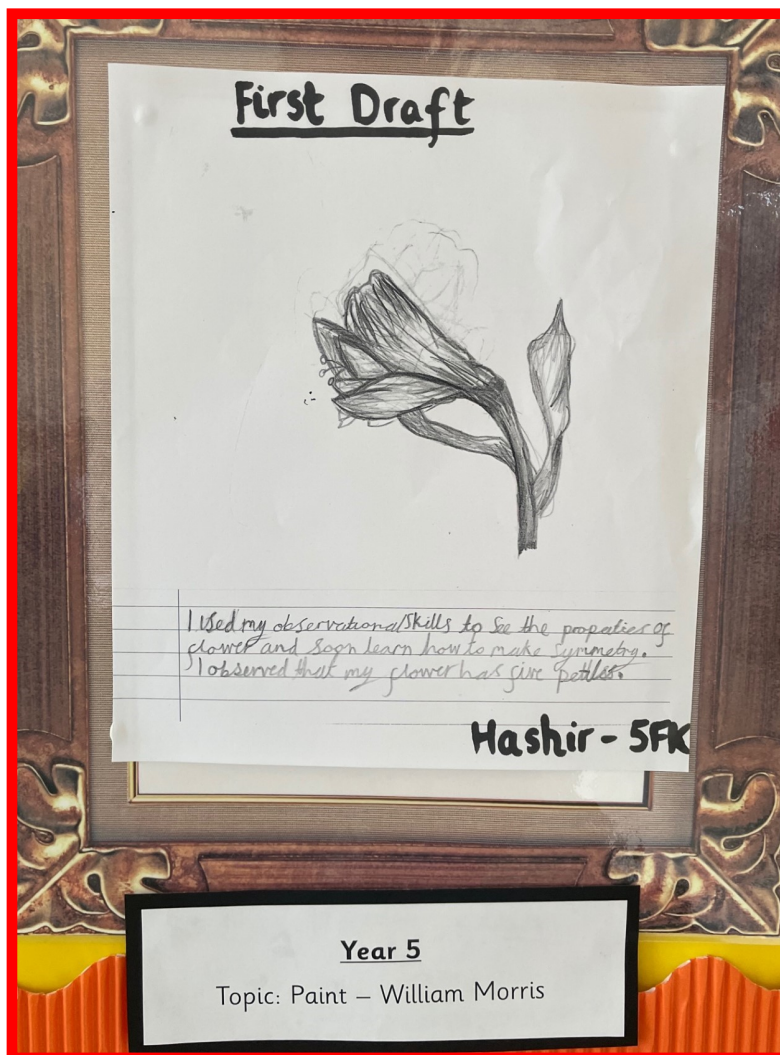
Now! I am so impressed! Your writing drew me in! You read to me with such confidence and expression too! Well done. Mrs



Lara (5FK)



Look at our wonderful Art work from recent weeks.



Please find below a notice of events planned within the local community.
Wychall Primary School is not advocating them but is sharing them for information purposes.

5 star football coaching

@ Moseley School
@ Kings Heath Boys School
@ St Thomas Aquinas



Join **Kings Heath**
Sports FC



Girls Only
Football



Futsal
training



Soccer Saturdays
Sunday Sessions

www.lovesfootball.com



/lovesfootballcom



/@lovesfootballcom



We only
do positive.

Google
★★★★★

★ Trustpilot
★★★★★

facebook
★★★★★



WELCOME **BACK TO SCHOOL**

**EXCITED, NERVOUS, ANXIOUS?
NOT SURE HOW THEY'RE FEELING?**

EMOTIONAL HEALTH CAN MAKE A BIG DIFFERENCE
TO CHILDREN'S PROSPECTS IN SCHOOL AND BEYOND

In Birmingham, we believe in supporting children's emotional health development, and that's why we've invested in online courses in understanding your child for parents.

By understanding how your child's brain develops and responds emotionally, you can better support their needs as they navigate the big milestones in school.



- Learn to better read and understand behaviour
- Help them to communicate how they feel
- Gain psychologist-informed ideas to support your child



GO TO [INOURPLACE.CO.UK](https://www.inourplace.co.uk)
AND ENTER THE CODE COMMUNITY
FOR FREE ACCESS TO THE ONLINE COURSES



**WE ARE
HERE TO
HELP
FAMILIES**

Selly Oak
Families

You can contact us via:

Phone | Text | WhatsApp us on: 07483 090434
Email: SellyOak.Families@greensquareaccord.co.uk
Follow us on social media: @SellyOakFam

GreenSquareAccord's Selly Oak Families team, as part of the Birmingham Children's Partnership.
For more information please search '**Birmingham Children's Partnership**' at www.birmingham.gov.uk



Welcome to our September Newsletter

Welcome back for another school year!

Our September newsletter includes lots of FREE family day out opportunities, training, and events as well as information to support the health and wellbeing of all the family.

PLEASE SHARE WITH YOUR NETWORKS.

We are here to support local families and everyone supporting families through training, special events, Early Help Assessments, and direct support all year round.



Birmingham City Council are working with the local community and a partnership of voluntary and community sector organisations to expand a network of warm spaces.

These spaces will be available for people to use and visit during the winter period and beyond. There are several existing Warm Welcome Spaces within local communities across the city.

Warm Welcome Spaces are:

- inclusive and non-judgmental
- heated and free to access
- spaces to access information on further support, available guidance, free internet access, computers and charging points
- opportunities to participate in activities and learn new things
- a friendly environment to connect with others within the community

To find out more about your local Warm Spaces, please click [here](#).

Domestic / Sexual Abuse Advice & Support

Further information

If you are a female victim of domestic abuse and you want to make a self-referral please initially contact Women's Aid on 0808 800 0028.

Women's Aid will refer your case to Cranstoun if appropriate.

Confidentiality

Cranstoun respects your right to privacy. At your first meeting with a Lead Worker, we'll explain how we keep things confidential.

Opening hours

Our staff work with you in your home or at an accessible community organisation. We're available Monday to Friday 9am-5pm.

Our Birmingham office

Cranstoun Lead Worker Services
Ashted Lock
Dartmouth Middleway
Birmingham B7 4AZ
T 0121 633 1750
E birminghamadmin@cranstoun.org.uk

Please visit our website to find out more:

cranstoun.org



Female domestic abuse services in Birmingham

CRANSTOUN
Empowering People, Empowering Change

To be a world-class leader in rebuilding lives.



Central office
Thames Mews
Portsmouth Road
Esher
Surrey
KT10 9AD
T: 020 8335 1830
E: info@cranstoun.org.uk
www.cranstoun.org

Registered Charity No: 1061582
Registered Company No: 3306337

CRANSTOUN
Empowering People, Empowering Change

Everyone deserves
a life without
domestic
abuse

You don't have
to deal with
domestic abuse
alone



Community Events & Support

Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

Mon, Tues 9am - 5pm

Wed 9am - 1pm

Thurs, Fri 9am - 5pm

SIFA
fireside

9 Onwards
Emergency
Support



Homeless and Emergency Support



Physical & Mental
Health Support



Food



Advice and
information



Clothing &
Showers



 Birmingham
City Council

10.30 - 12 noon

Appointments



EU
Settlement
Scheme



Supported
Accommodation
Advice (HTWS)



Physical & Mental
Health Support



Health and
Wellbeing Advice
(The ASH)



Department
for Work &
Pensions



 Birmingham
City Council

12 Noon Onwards

Workshops

(excl. Wednesdays)



Lunch



Creative Workshops



Music Therapy
Jam Sessions



Cookery Classes



IT Skills
Employment Support



Performance
Workshops

Pause.



**Need someone to talk to?
Struggling to cope with feelings?
We're here for you.**

Pause can help anyone under 25 with a Birmingham GP. We listen and help you find solutions – no referrals or long waits.

You choose when and how to use our service:

- **Drop-in face to face support is available, check our webpage for dates & venues.** Booked face to face sessions are available in certain circumstances.

Or

- **Request a phone or video call back, using the website or by calling the registration line.**



**To find out more and register for support, visit:
<https://forwardthinkingbirmingham.nhs.uk/pause>
or call our Registration Line **0207 841 4470****
(please note local call charges do apply).

Our Service Operates:

- **Monday to Saturday**
- **We are Closed Sundays & Bank Holidays.**

The
Children's
Society

Pregnancy, Antenatal & Parenting

0121 464 4189

GBNFC GROUP

forward steps
The best start for our children

GBNFC CHILDREN'S CENTRE WHAT'S ON

If you need any additional support to access our groups, please contact us.

Providing activities and support for children Birth-5 and their families living within the Selly Oak district.

Find us at: 213 Trifford Road, B13 0ET

PLEASE CALL US FOR MORE INFORMATION ABOUT OUR OTHER SERVICES

Breastfeeding support, Antenatal Support, Infant Feeding, Introduction to food, Well-being Support, The Freedom Programme, HENRY, Solihull Approach, Cooking, Baby Yoga, Baby Massage, Healthy Lifestyles, Employment & Training, Volunteering and Parents Forum. **ALSO SEE FREE CHILDCARE FUNDING.**

FAMILY SUPPORT

We have a Family Support Team who are on hand to support you with:

- Low Level Housing Advice
- Debt Advice
- Domestic Violence
- Parenting
- Childcare Advice
- Parental Emotional Well-Being

Call to speak to a duty worker on 0121 464 4189
Monday-Friday 9.00am-4.00pm

HEALTHY START VITAMINS

You can collect your **FREE** Healthy Start Vitamins for Mother and Child from us at

GBNFC Children's Centre,
Monday-Friday 8.30am-5pm.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30am-11.00am Stay & Play Under 5 years Masfield Community Centre, B31 2HL 9.30am-11.00am Baby Group Birth-Walking Warstock Community Centre, B14 4QA 12.30pm-3.00pm Well-Being Group & Walk Walking- Under 5 Meet at the Chinnbrook centre, B13 0ET 	09:00am-11:00am Job Club (Parents/ carers with children under 5) Chinnbrook Centre, B13 0ET 9.15am-10.15am Or 10.30am-11.30am Story and Craft 2-4 years Druids Heath Library, B14 5NJ 1.30pm-2.30pm Toddler Group 1-3 years Church of Ascension, B30 2TJ 	We have workshops/ programmes running between September-December 2023 FUSSY EATING BEHAVIOUR MANAGEMENT HENRY INFANT FEEDING SUPPORT ANTENATAL SUPPORT WEANING BABY MASSAGE MONEY MANAGEMENT Please call us for more information Most of our Groups are now DROP-IN GROUPS No need to book just turn up! Groups with the phone symbol Please call to book on 0121 464 4189 	9.15am-11.00am Stay & Play Under 5 years Chinnbrook Centre, B13 0ET 1.00pm-2.30pm Breastfeeding Lounge Selly Oak Methodist Church, B29 6HT   1.15pm-2.45pm Baby Group Birth-Walking St Bedes Church, B14 6NQ	9.45am-11.15am Stay & Play Under 5 years Stirchley Baths, B30 2JT 9.30am-10.30am Mini Movers 2-under 5 years 6 week courses 22nd September-20th October at St Bedes Church, B14 6NQ & 10th November-8th December at Spearhead, Bells Farm Community Centre, B14 5QP 

Pregnancy, Antenatal & Parenting



The way families retrieve Healthy Start vouchers has changed. The NHS no longer send paper vouchers. To get help to buy food and milk you need to apply for a Healthy Start card.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
 - fresh, dried, and tinned pulses
- infant formula milk based on cow's milk

You can also use your card to collect:

- Healthy Start vitamins – these support you during pregnancy and breastfeeding
- vitamin drops for babies and young children – these are suitable from birth to 4 years old.

Community Events & Support

Love Weoley Castle presents

AUTUMN FESTIVAL

SATURDAY 30TH SEPTEMBER @ THE RUINS,
ALWOLD ROAD
1PM - 4PM

Free activities for all the family including

Boxing
Cyanotype Printing
Zumba taster
Facepainting and glitter tattoos
Craft and art activities
Music
Sport and Games
And more

Disability & SEND Advice & Support



DWP Disability Services Advocacy Team

Meet The Team

Rosie Marshall
National Advocacy Lead

Sarah Marshall
Advocacy Manager for Scotland

Zoe Spore
Advocacy Manager for North England

Matt Innes
Advocacy Manager for Central England

Lesley Clarke
Advocacy Manager for Wales & South England

Ken Lawton
National Advocacy Manager,
Supported Families Employment
Advisor & PIP Advisor

Natalie Chauhan
Advocacy Manager Support &
Business Support to Advocacy
Team Lead

Faye Benning
Advocacy Team Diary Manager
& Event Co-ordinator

We are advocates for Disability Services benefits and grants across the country, including Personal Independence Payment, Disability Living Allowance and Industrial Injuries Disablement Benefit.

We offer a series of awareness and upskilling sessions for the above areas of Disability Services which stakeholders can register and book onto via Eventbrite links.

Within our sessions we provide an overview of the full customer journey; from making the initial claim, what to expect during a health assessment, through to the decision making process. During the session there is ample time for questions & answers and the opportunity for attendees to share any related experiences.

Attending these awareness sessions offers a great opportunity to build strong internal and external working relationships and ensure through collaborative working, that customers are fully supported and are at the centre of everything we do.

If you would like to be sent our session links to book on to any of our sessions, please contact our Diary Manager via email at:

DisabilityServices.AdvocacyTeam@dwp.gov.uk

Nurturing ADHD kids

This online 6 week course is free for Birmingham parents and carers of children and young people with ADHD or suspected ADHD

LED BY ADULTS WITH ADHD

Does your child have ADHD or suspected ADHD?

Are you trying to support them but find that everyone gives you different advice?

In this 6 week course, you will

- **learn about ADHD**
- **Understand the effect on our mental health**
- **Understand the reasons behind behaviours**
- **Gain confidence in advocating for our children**
- **Learn new strategies**
- **Help our kids be confident, resilient and be their best selves**

Contact us for details:

Phone: 0731 116 7485

Email: contactus@brewseducation.org

Birmingham Resilience Education and Wellbeing Services CIC

What parents have said about this course

This course is literally game-changing for parents, caregivers, teachers and anyone living with a child (or adult) with ADHD. So much misunderstanding, frustration and worry could be prevented if everyone had access to this amazing resource.

Essential course for any parent of a child with ADHD. It changed the way I see my son and my ability to respond to his needs effectively.

Very informative, friendly, no pressure, enjoyable sessions



CIC Business Registration: 13240865

Nurturing ADHD

kids

LED BY ADULTS WITH ADHD

NEW GROUPS STARTING SOON!

Free online 6 week course for parents and carers

Mondays 7-8 pm

starting September 18th, 2023

Register here:

<https://www.eventbrite.co.uk/e/619052963077>



Wednesdays 10.00-11.00 am

starting September 20th, 2023

Register here:

<https://www.eventbrite.co.uk/e/619098910507>



Supported by



**More courses starting in
November.**

**Follow BREWS CIC on Facebook
and Eventbrite or call**

us on

0731 116 7485

