

PSHE CURRICULUM MAP

Year 5



PSHE Curriculum Map - Year 5

	Autumn 1	Autumn 2	Spring 1
Values:	Responsibility Happiness	Empathy Respect	Co-operation Perseverance
Events:	<ul style="list-style-type: none"> • School council elections Black History Week • Remembrance Day • Anti-Bullying Week • Save the Children Christmas Jumper Day • Children in Need • Human Rights Day 		<ul style="list-style-type: none"> • World Book Day • World Maths Day • Comic Relief • Autism Awareness Day • Mental Health awareness • British Science Week • Internet Safety Day
Unicef Article	Article 12 <i>Children have the right to give their opinions freely on issues that affect them. Adults should listen and take children seriously.</i>	Article 23 <i>Every child with a disability should enjoy the best possible life in society. Governments should remove all obstacles for children with disabilities to become independent and to participate actively in the community.</i>	Article 29 <i>Children’s education should help them fully develop their personalities, talents and abilities. It should teach them to understand their own rights, and to respect other people’s rights, cultures and differences. It should help them to live peacefully and protect the environment.</i>
PSHE:	Being Me In My World Planning the forthcoming year; Being a citizen; Rights and responsibilities; Rewards and consequences; How behaviour affects groups; Democracy, having a voice, participating.	Celebrating Differences Cultural differences and how they can cause conflict; Racism; Rumours and name-calling; Types of bullying; Material wealth and Happiness; Enjoying and respecting other cultures.	Dreams and Goals Future dreams; The importance of money; Jobs and careers; Dream job and how to get there; Goals in different cultures; Supporting others (charity); Motivation.

PSHE Curriculum Map - Year 5

	Spring 2	Summer 1	Summer 2
Values:	Honesty Happiness	Respect Honesty	Responsibility Empathy
Events:	<ul style="list-style-type: none"> As Spring 1 	<ul style="list-style-type: none"> Enterprise Project Sports Day Transition Days 	
Unicef Article	Article 24 <i>Children have the right to the best health care possible, clean water to drink, healthy food and a clean and safe environment to live in. All adults and children should have information about how to stay safe and healthy.</i>	Article 15 <i>Children can join or set up groups or organisations, and they can meet with others, as long as this does not harm other people.</i>	Article 17 <i>Children have the right to get information from the Internet, radio, television, newspapers, books and other sources. Adults should make sure the information they are getting is not harmful. Governments should encourage the media to share information from lots of different sources, in languages that all children can understand.</i>
PSHE:	Healthy Me Smoking, including vaping; Alcohol; Alcohol and anti-social behaviour; Emergency aid; Body image; Relationships with food; Healthy choices; Motivation and behaviour.	Relationships Self-recognition and self-worth; Building self-esteem; Safer online communities; Rights and responsibilities online; E-Safety, SMARRT internet safety rules.	Changing Me Self- and body image; Influence of online and media on body image; Puberty for girls; Puberty for boys; Growing responsibility; Coping with change; Preparing for transition.