



PSHE CURRICULUM MAP

Year 3



PSHE Curriculum Map - Year 3

| | Autumn 1 | Autumn 2 | Spring 1 |
|-------------------|--|---|---|
| Values: | Responsibility Happiness | Empathy Respect | Co-operation Perseverance |
| Events: | School council elections Black History Week Remembrance Day Anti-Bullying Week | Save the Children Christmas Jumper Day Children in Need Human Rights Day | World Book Day World Maths Day Comic Relief Autism Awareness Day |
| Unicef Article | Article 12 Children have the right to give their opinions freely on issues that affect them. Adults should listen and take children seriously. | Article 23 Every child with a disability should enjoy the best possible life in society. Governments should remove all obstacles for children with disabilities to become independent and to participate actively in the community. | Article 29 Children's education should help them fully develop their personalities, talents and abilities. It should teach them to understand their own rights, and to respect other people's rights, cultures and differences. It should help them to live peacefully and protect the environment. |
| PSHE: | Being Me In My World Transition into new class; Setting personal goals; Identity and self- worth; Positivity in challenges; Rules rights and responsibilities; Rewards and consequences; Responsible choices; Seeing things from others' perspectives. | Celebrating Differences Families and their differences; Witnessing bullying and how to solve it; Recognising how words can be hurtful; Giving and receiving compliments. | Dreams and Goals Difficult challenges and achieving success; Dreams and ambitions; New challenges; Motivation and enthusiasm; Recognising and trying to overcome obstacles; Managing feelings; Simple budgeting. |



PSHE Curriculum Map - Year 3

| | Spring 2 | Summer 1 | Summer 2 |
|-------------------|--|--|--|
| Values: | Honesty Happiness | Respect Honesty | Responsibility Empathy |
| Events: | Mental Health awarenessBritish Science WeekInternet Safety Day | Enterprise ProjectSports DayTransition Days | |
| Unicef Article | Article 24 Children have the right to the best health care possible, clean water to drink, healthy food and a clean and safe environment to live in. All adults and children should have information about how to stay safe and healthy. | Article 15 Children can join or set up groups or organisations, and they can meet with others, as long as this does not harm other people. | Article 17 Children have the right to get information from the Internet, radio, television, newspapers, books and other sources. Adults should make sure the information they are getting is not harmful. Governments should encourage the media to share information from lots of different sources, in languages that all children can understand. |
| PSHE: | Healthy Me Exercise; Fitness challenges; Food labelling and healthy swaps; Attitudes towards drugs; Keeping safe online and offline scenarios; Respect for myself and others. | Relationships Family roles and responsibilities; Friendship and negotiation; Keeping safe online; Being a global citizen; Being aware of how my choices affect others; Awareness of how other children have different lives; Expressing appreciation for family and friends. | Changing Me Outside body changes; Inside body changes; Family stereotypes, Challenging my ideas; Preparing for transition. |

