

Physical Education Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE. Moving in different ways.	Dance	Gymnastics	Multi skills-throwing and catching.	Games	Athletics
YEAR 1	Mutli-skills – ball skills. Throwing and catching	Gymnastics- Moving, balancing.	Athletics	Dance	Mutli-skills – taking aim. Throwing and catching with targets.	Multi-skills – Inventing point scoring games.
YEAR 2	Multi-skills – dribbling, tackling and hitting.	Dance	Gymnastics - Routines (balance, movement and heights.	Gymnastics Rolls and jumping.	Athletics Relays	Multi-skills – batting.
YEAR 3	Swimming Multi-skills	Swimming Gymnastics	Swimming Dance	Swimming Games	Swimming Athletics	Striking and field games – rounders
YEAR 4	Batting and Field games - Cricket	Gymnastics Working at height	Dance	Invasion games - Netball	Invasion games – Netball	Athletics Distance running and hurdles.
YEAR 5	Invasion games - Basket ball	Orienteering	Gymnastics	Dance	Multi-skills – Invention – point scoring games.	Invasion games - Hockey
YEAR 6	Invasion games – football	Gymnastics	Dance	Racket games – Badminton/ Tennis	Athletics Competitive relays	Swimming