

RING/SUMMER 202



WEEK 1

W/C: 17/04, 08/05, 05/06, 26/06, 17/07, 11/09, 02/10, 23/10

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY Beef Bolognese 🐲 Cheese and Tomato Pizza 💿 🐲 **Pork Sausages** Roast Turkey * **Breaded Fish Fingers** Served with Wholemeal Pasta and Garlic Served with Mashed Potato and Gravy Served with Potato Wedges Served with Roast Potatoes and Gravy Served with Chips and Herb Bread HOT SPECIALS **Roasted Vegetable Butterbean** Vegetable Pesto Pasta Bake o Macaroni Cheese Chinese Vegetarian Noodles **Vegetarian Dippers** • Crumble 💿 🤫 Served with Chips Served with Roast Potatoes and Gravy JACKET POTATO Jacket Potatoes 🧇 💿 Jacket Potatoes 🧇 💿 Jacket Potatoes 🥹 🙍 Jacket Potatoes 🧇 💿 Jacket Potatoes 🧡 🛛 with a choice of hot and cold fillings, with a choice of hot and cold fillings including Salmon Mayonnaise Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🗸 💥 All main meals are served with two vegetables **Hot Chocolate Sponge with Vanilla Ice Cream Chocolate Ice Cream** Strawberry Jelly with Fruit & Fruity Picnic Bar & **Chocolate Custard**

PACKED LUNCH AVAILABLE

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 🐎 Oily Fish 😻 Wholegrain







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WEEK 2

W/C: 24/04, 15/05, 12/06, 03/07, 24/07, 18/09, 09/10

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY **Chinese Chicken and Vegetable Rice** Cheese and Tomato Pizza 💿 🐲 **Breaded Fish Fingers Roast Gammon** Beef Lasagne * Served with Garlic and Herb Bread Served with Potato Wedges Served with Roast Potatoes and Gravy Served with Chips HOT SPECIALS **Sweet Potato and Chickpea Roast Vegetable Pastry Roll** Cauliflower Macaroni Cheese @ 🧇 Vegetable Korma 🛭 🐲 🧡 Vegetarian Dippers o Served with Potato Wedges Served with Chips Served with Bombay Potatoes Served with Roast Potatoes and Gravy JACKET POTATO Jacket Potatoes 🧇 💿 Jacket Potatoes 🥹 🙍 Jacket Potatoes 🧇 💿 Jacket Potatoes 🧡 🛛 Jacket Potatoes 🤫 🙍 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🗸 💥 All main meals are served with two vegetables **Chocolate and Banana Marble** Banana and Apricot Flapjack with Oat Chocolate Cookie with Fruit & **Orange Jelly Strawberry Ice Cream** Fruit 🎳 Cake

PACKED LUNCH AVAILABLE

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 🐎 Oily Fish 😻 Wholegrain







RING/SUMMER 202



WEEK 3

W/C: 01/05, 22/05, 19/06, 10/07, 04/09, 25/09, 16/10

Fruity! W Nutritionist's Choice

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY Cheese and Tomato Pizza 🛭 🐲 Mexican Beef Tortilla Pie 🐲 **Roast Pork Picnic Plate Southern Fried Chicken Butter Chicken Curry** Served with Potato Wedges Served with Wholegrain Rice Served with Potato Wedges Served with Wholegrain Rice Served with Chips HOT SPECIALS **Cheesey Ploughman's Picnic Plate** Vegetarian Bolognese 💿 🐲 Sweet Chilli Vegetable Noodles Macaroni Cheese Tomato Vegetable Burger • Served with Wholemeal Pasta Served with Chips Served with Bread JACKET POTATO Jacket Potatoes 🧇 💿 Jacket Potatoes 🧇 💿 Jacket Potatoes 🥹 🙍 Jacket Potatoes 🧇 💿 Jacket Potatoes 🧡 🛛 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🗸 💥 All main meals are served with two vegetables **Chocolate Milkshake and Pineapple Upside Down Cake with Mango Frozen Yoghurt** Berry Flapjack with Fruit & Chocolate Brownie with Fruit 6 **Custard Shortbread AVAILABLE EVERY DAY PACKED LUNCH AVAILABLE** Vegetarian 🐎 Oily Fish 😻 Wholegrain

Water, salad, freshly baked bread,

yoghurt & fresh fruit