



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Classic Beef Burger  Served with Potato Wedges	Roast Chicken  Served with Roast Potatoes and Gravy	Beef Bolognese    Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice   	Vegetarian Burger  Served with Potato Wedges	Vegetarian Cottage Pie  	Vegetarian Bolognese    Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 	Banana Cake 	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice  Halal Available

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Turkey Con Chilli   Served with Wholegrain Rice	Roast Turkey   Served with Roast Potatoes and Gravy	Sausage Pasta Bake   Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Red Lentil Dhal    Served with Wholegrain Rice	Macaroni Cheese 	Sweet Potato and Chickpea Roast   Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake  Served with Garlic and Herb Bread	Crispy Quorn Nuggets  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard 	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Chocolate Shortbread with Fruit 	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice  Halal Available

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Cottage Pie ❤️ 🇮🇪 Served with Gravy	Roast Turkey 🇮🇪 Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌾 ❤️ Served with Wholegrain Rice	Southern Fried Chicken 🇮🇪 Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌱 🌾 ❤️ Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🌱 🌾 ❤️ Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 ❤️ Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱 🌾 ❤️ Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Vanilla Sponge with Custard	Orange Shortbread with Fruit 🍊	Orange Drizzle with Fruit 🍊	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice 🇮🇪 Halal Available

be assured that all notified medical diets and allergy requirements will be safely catered for.