## **DUDLEY SCHOOLS**

	Organisation	Information	Contact Number	Website
	Dudley Council	Housing Support	01384 814154	
	-	Loss of income or finanical strains due to CV19	0300 555 0010	
	Budiey council	Statutory Sick Pay	0300 333 0010	https://www.gov.uk/statutory-sick-pay
	GOV.UK	Universal Credit	0800 328 5644	https://www.gov.uk/universal-credit
			0800 328 3044	
		Furloughed Workers		https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-guidance-for-employees
ÇO.		Self-Employed		https://www.gov.uk/guidance/claim-a-grant-through-the-coronavirus-covid-19-self-employment-income-support-scheme
2/10		Workers' Rights		https://www.gov.uk/lay-offs-short-timeworking
. ~0.	The Money Advice Service	Entitlements		https://www.moneyadviceservice.org.uk/en/articles/coronavirus-what-it-means-for-you
Financial		CV19		https://www.citizensadvice.org.uk/debt-and-money/if-you-cant-pay-your-bills-because-of-coronavirus/
•		Mortgage		https://www.citizensadvice.org.uk/debt-and-money/mortgage-problems/
	Citizens Advice	Rent		https://www.citizensadvice.org.uk/housing/renting-privately/during-your-tenancy/dealing-with-rent-arrears/
		Benefits		https://www.citizensadvice.org.uk/benefits/coronavirus-check-what-benefits-you-can-get/
		Gas/Electric	0300 3309 044	https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/you-cant-afford-to-top-up-your-prepayment-meter/
	Trading Standards	CV19 Scams		https://www.nationaltradingstandards.uk/news/beware-of-covid19-scams/
	West Midlands Police	CV19 Scams		https://west-midlands.police.uk/news/coronavirus-scam-warning-protect-yourself-and-your-details-fraudsters
	Organisation	Information	Contact Number	Website
kood	Organisation		Contact Number	
	The Trussell Trust	Finding a Food Bank		https://www.trusselltrust.org/get-help/emergency-food/
		Food Voucher Advice		https://www.trusselltrust.org/get-help/emergency-food/food-vouchers/
	Citizens Advice	Re: Food Banks		https://www.citizensadvice.org.uk/benefits/help-if-on-a-low-income/using-a-food-bank/
	Black Country Foodbank	Food Bank	01384 671250	https://www.blackcountryfoodbank.org.uk
	Upper Gornal Methodist Church	Food Bank	01902 662663	https://www.ugmc.org.uk/index.php/ministries/springs-food-bank
	Kidderminster Foodbank	Food Bank	01562 746600	https://kidderminster.foodbank.org.uk
	Smethwick Foodbank	Food Bank	0121 517 0141	http://smethwick.foodbank.org.uk
	Great Barr Foodbank	Food Bank	0121 357 5399	http://greatbarr.foodbank.org.uk/
	Quinton and Oldbury Foodbank	Food Bank	07732157619	http://quintonoldbury.foodbank.org.uk/
	Castle Car Taxis	Shopping pick-up/drop-offs	01384 240 240	······································
	Salma Foodbank	Food Bank	07767164246	https://www.salma-foodbank.org
	Midlands Langar Seva Society	Food Parcels/Prescription Pick-Ups	07860 109551 <b>OR</b> 07828 863681	in pay in the same
			01384273287	
	Robby's Fine Cusine	Free Meals (elderly/self-isolating)		www.robbys.uk.com
	Balti Bazzar	Free Meals (elderly/self-isolating)	01384 353800	
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	Organisation	Information	Contact Number	Website
	Dudley SPOC	Help for Vulnerable Women		https://www.dudleysafeandsound.org/domesticabuse
			<b>Contact Number</b> 01384 455411	
	Dudley SPOC SafeLives	Help for Vulnerable Women Violence and CV19	Contact Number 01384 455411 01384 455 411	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19
	Dudley SPOC	Help for Vulnerable Women	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484	https://www.dudleysafeandsound.org/domesticabuse
	Dudley SPOC SafeLives Black Country Women's Aid	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women	Contact Number 01384 455411 01384 455 411	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19
	Dudley SPOC SafeLives	Help for Vulnerable Women Violence and CV19	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19
	Dudley SPOC SafeLives Black Country Women's Aid	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055	https://www.dudleysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk
	Dudley SPOC SafeLives Black Country Women's Aid	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://black.countrywomensaid.co.uk
	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women Concern for child wellbeing	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050	https://www.dudleysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk https://safeguarding.dudley.gov.uk/safeguarding/adults/
	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574 01823 334 244	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk https://safeguarding.dudiey.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk
	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574 01823 334 244 0808 801 0327	https://www.dudleysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk https://chat.womensaid.org.uk
	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Women&Children	Contact Number 01384 455411 01384 455 411 Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574 01823 334 244 0808 801 0327 0808 2000 24	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://chat.womensaid.org.uk  https://www.nationaidahelpline.org.uk
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ainB	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Women Help for Vulnerable People Poverty Relief	Contact Number  01384 455411  01384 455 411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse=and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://enat.womensaid.org.uk  https://www.nationaidahelpline.org.uk
ubein <sup>g</sup>	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Poepte Poverty Relief Stourbridge	Contact Number 01384 455411  01384 455411  Out-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244 0808 801 0327 0808 2000 24 01384 812761 0121 285 3970 01384 818780	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://chat.womensaid.org.uk  https://www.nationaldahefpline.org.uk  https://stourbridgecommunitysupport.org
allbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Poeple Poverty Relief Stourbridge Brierley Hill	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudiey.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://mensadviceline.org.uk https://www.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support	Help for Vulnerable Women Violence and CV19  Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Powent Help for Vulnerable Pople Powerty Relief Stourbridge Brierley Hill Dudley North	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudiey.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://mensadviceline.org.uk https://www.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096  01384 812440	https://www.dudleysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://mensadviceline.org.uk https://swww.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes	Help for Vulnerable Women Violence and CV19  Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Powent Help for Vulnerable Pople Powerty Relief Stourbridge Brierley Hill Dudley North	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://chat.womensaid.org.uk  https://www.nationaldahefpline.org.uk  https://stourbridgecommunitysupport.org
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096  01384 812440	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://chat.womensaid.org.uk  https://www.nationaldahefpline.org.uk  https://stourbridgecommunitysupport.org
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central  Elderly/self-isolated (text the word 'hand')	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096  01384 812440	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://enat.womensaid.org.uk  https://www.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk
Wellbeins	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid Mankind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Counselling	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Poeple Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central  Elderly/self-isolated (text the word 'hand') Free counselling service	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 818780  01384 813322  01384 813096  01384 812440  07723496916	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://enat.womensaid.org.uk  https://www.nationaldahelpline.org.uk  https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Counselling Black Country Radio	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 818780  01384 813322  01384 813096  01384 812440  07723496916	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://chat.womensaid.org.uk  https://www.nationaldaheipline.org.uk https://swww.nationaldaheipline.org.uk https://swww.nationaldaheipline.org.uk https://www.loavesnfishes.co.uk  www.serenitycounselling.net  https://www.gov.uk/coronavirus-extremely-vulnerable
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central  Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines	Contact Number 01384 455411 01384 455411 014-of-Hours: 0121 552 6484 Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574  01823 334 244 0808 801 0327 0808 2000 24 01384 812761 0121 285 3970 01384 818780 01384 818780 01384 813322 01384 813096 01384 812440 077723496916	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudiey.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk https://chat.womensaid.org.uk https://www.nationaidaheipline.org.uk https://stourbridgecommunitysupport.org https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk  www.serenitycounselling.net  https://www.serenitycounselling.net https://www.serenitycounselling.net https://www.nationaidaheipline.org.uk
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid  Safeguarding  Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes  Family Centres  Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS Samaritans	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Wenen&children Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support	Contact Number  01384 455411  01384 455 411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813980  01384 81392  01384 81392  01384 813996  01384 812440  077723496916  01384 465375	https://www.dudieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domesticabuse https://blackcountrywomensaid.co.uk  https://safeguarding.dudiey.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk  https://ehat.womensaid.org.uk  https://ehat.womensaid.org.uk  https://ehat.womensaid.org.uk  https://www.nationaldahelpline.org.uk  https://www.nationaldahelpline.org.uk  https://www.loavesnfishes.co.uk  https://www.loavesnfishes.co.uk  www.serenity.counselling.net  https://www.gov.uk/coronavirus-extremely-vulnerable  https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/?fbclid=wAR2qcgCSVij3XSP2luDaSmpxG_2eMTXKzjxRXHARPRidB0-1XDF2QK https://www.smaritans.org
Wellbeins	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS Samaritans Shout Crisis	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support Text "Shout"	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 818780  01384 813322  01384 813096  01384 813096  01384 812440  07723496916  01384 465375	https://www.dulieysafeandsound.org/domesticabuse http://safelives.org.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk https://chat.womensaid.org.uk https://www.nationaldahelpline.org.uk https://www.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk  www.serenity.counselling.net  https://www.loavesnfishes.co.uk  https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/fb.lid=vukAZqscSYli3XSP2luDa5mpxGZeMTXKzjxRXHARPRidB0-1XDFzQK. https://www.smarians.org https://www.smarians.org https://www.smarians.org https://www.smarians.org
Wellbeins	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Countselling Black Country Radio GOV.UK NHS Samaritans Shout Crisis ReThink	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support Text "Shout" Mental Illness Support	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 813322  01384 813322  01384 813096  01384 813322  01384 813096  01384 81575  116 123  85258  0300 123 3393	https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/?fbclid=wAR2qscSvii3XSP2luDaSmpxG_ZeMTXKzjxRXHARPRidB0-1XDF2QK-https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/groundscore https://www.nationaldahelpline.org.uk https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk
Wellbeine	Dudley SPOC SafeLives Black Country Women's Aid  Safeguarding  Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes  Family Centres  Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS Samaritans Shout Crisis ReThink Mind Legal Advice	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support Text "Shout" Mental Illness Support Legal Help re: Mental Health	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484    Adult: 0300 555 0055    Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244    0808 801 0327    0808 2000 24    01384 812761    0121 285 3970    01384 818780    01384 813322    01384 813322    01384 813096    01384 812440    07723496916  01384 465375	https://www.nies.decorg.uk/news-views/domestic-abuse-and-covid-19 https://blackcountrywomensaid.co.uk  https://safeguarding.dudley.gov.uk/safeguarding/adults/ https://chat.womensaid.org.uk https://chat.womensaid.org.uk https://mensadviceline.org.uk https://www.nationaidahelpline.org.uk https://stourbridgecommunitysupport.org https://www.loavesnfishes.co.uk  www.serenitycounselling.net  https://www.loavesnfishes.co.uk  https://www.loavesnfishes.co.uk  https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/fibc.iid-twARZqscSvli3XSP2luDaSmpxGZeMTXKzjxRXHARPRidB0-1XDF2QK. https://www.amaritans.org https://www.samaritans.org https://www.rshink.org https://www.rshink.org https://www.rshink.org https://www.rshink.org
Wellbeins	Dudley SPOC SafeLives Black Country Women's Aid Safeguarding Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes Family Centres Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS Samaritans Shout Crisis ReThink Mind Legal Advice Child Line	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support Text "Shout" Mental Illness Support Legal Help re: Mental Health Support for Children	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484  Adult: 0300 555 0055  Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244  0808 801 0327  0808 2000 24  01384 812761  0121 285 3970  01384 81322  01384 813322  01384 813322  01384 813096  01384 812440  07723496916  01384 465375  116 123  85258  0300 123 3393  0300 466 6463  0800 1111	https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/Trbclid-iv-wark/ligal-casework/ https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/Trbclid-iv-wark/ligal-casework/ https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/Trbclid-iv-wark2qscSyliaXSP2luDaSmpxG_ZeMTXKzjxRXHARPRidB0-1XDF2QK. https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/Trbclid-iv-WaR2qscSyliaXSP2luDaSmpxG_ZeMTXKzjxRXHARPRidB0-1XDF2QK. https://www.nbs.uk/conditions/stress-anxiety-depression/mental-health-helplines/Trbclid-iv-WaR2qscSyliaXSP2luDaSmpxG_ZeMTXKzjxRXHARPRidB0-1XDF2QK. https://www.crisitextline.uk https://www.crisitextline.uk https://www.crisitextline.uk https://www.crisitextline.uk https://www.crisitextline.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.mind.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.nhind.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.nhind.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.nhind.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.nhind.org.uk/abbut-us/our-policy-work/legal-casework/ https://www.nhind.org.uk/abbut-us/our-policy-work/legal-casework/
Wellbeing	Dudley SPOC SafeLives Black Country Women's Aid  Safeguarding  Women's Aid ManKind Men's Advice Line Refuge Stourbridge Community Support Loaves 'n' Fishes  Family Centres  Helping Hand Project Serenity Counselling Black Country Radio GOV.UK NHS Samaritans Shout Crisis ReThink Mind Legal Advice	Help for Vulnerable Women Violence and CV19 Help for Vulnerable Women  Concern for child wellbeing  Help for Vulnerable Women Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable Men Help for Vulnerable People Poverty Relief Stourbridge Brierley Hill Dudley North Dudley Central Elderly/self-isolated (text the word 'hand') Free counselling service Community Hotline Register an Extremely Vulnerable Person Mental Health Helplines Emotional Support Text "Shout" Mental Illness Support Legal Help re: Mental Health	Contact Number  01384 455411  01384 455411  Out-of-Hours: 0121 552 6484    Adult: 0300 555 0055    Children: 0300 555 0050  Children (out-of-hours) 0300 555 8574  01823 334 244    0808 801 0327    0808 2000 24    01384 812761    0121 285 3970    01384 818780    01384 813322    01384 813322    01384 813096    01384 812440    07723496916  01384 465375	https://www.nis.uk/conditions/stress-anxiety-depression/mental-health-helplines/f/bclickout-ryolarsic-abuse https://www.nis.uk/conditions/stress-anxiety-depression/mental-health-helplines/f/bclickineuk https://www.nis.org/http